



ABIE Times

Newsletter of Al-Barkaat Institute of Education, Aligarh

>>> NEWSLETTER <<<



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“Whoever guides someone to goodness will have a reward like one who did it”

Prophet Muhammad (Peace Be Upon Him)

MESSAGE

It gives me immense pleasure to address the readers of our newsletter and to share the vision and ongoing efforts of the Al-Barkaat Institute of Education. As an institution committed to excellence, we recognize that teacher education is the foundation upon which the entire edifice of our educational system stands. A strong and forward-looking teacher training program not only nurtures skilled educators but also ensures that generations of learners are guided by well-prepared, competent, and compassionate mentors.

Furthermore, our institution is committed to providing a platform for both faculty and students to participate in seminars, workshops, and collaborative projects. These initiatives foster peer learning, broaden perspectives, and prepare our student-teachers to face real-world challenges with confidence. By encouraging such professional development activities, we ensure that our future educators remain adaptable and resilient in a dynamic educational environment.



Mr. Syed Muhammad Aman

Director, Al-Barkaat Islamic Research & Training Institute
Executive Member, Al-Barkaat Educational Society

From the Principal's Desk

At the Al-Barkaat Institute of Education, we continue to grow with purpose and passion, striving every day toward academic excellence and holistic development. It fills me with great joy and gratitude to witness the dedication, creativity, and teamwork that define our vibrant learning community. As we wrap up another successful academic year, I want to extend my heartfelt appreciation to our management, faculty, staff, and students. Every milestone we achieve is the result of our shared commitment and collective effort. Together, we have created an environment where

learning goes beyond textbooks where ideas are explored, talents are nurtured, and character is built. Our students are the heart of our institution. We encourage them to take part in both academic and co-curricular activities, to discover their unique potential, and to grow into confident, compassionate educators of tomorrow. At ABIE, we believe in equal opportunities for all, helping every learner build their own identity while upholding the values of respect, integrity, and excellence. As we step into another chapter of growth and learning, I wish everyone a meaningful and inspiring journey ahead. May we continue to learn, lead, and make a difference together.



Dr. Rubina Shahnaz
Principal, ABIE

Editor's Message

As another vibrant academic session draws to a close, Al-Barkaat Institute of Education (ABIE) continues to stand as a beacon of learning, innovation, and holistic development. The past months have been marked by moments of reflection, achievement, and togetherness—each event reaffirming our shared vision of nurturing educators who lead with empathy, knowledge, and purpose.

The **Farewell Ceremony for the B.Ed. batch of 2023–2025**, beautifully themed “Every Ending Marks a New Chapter,” was not just a celebration but a heartfelt tribute to memories, friendships, and academic milestones. Organized with great enthusiasm by the first-year students, the event radiated warmth, creativity, and unity. The touching performances, the distribution of titles, and the emotional exchanges between seniors and juniors reflected the spirit of ABIE—where learning goes hand in hand with love, laughter, and lasting bonds. Equally impactful was the **one-day workshop on “Communication Skills”** conducted by our Principal, **Dr. Rubina Shahnaz**, on 9th April 2025. It highlighted the essence of effective communication in shaping confident, compassionate teachers. Through interactive modules and real-life applications, students explored the art of articulation, empathy, and classroom engagement—key attributes that define modern educators. ABIE also observed **International Labour Day** (1st May 2025) with deep respect and gratitude. The event honoured the indispensable contributions of the institute's non-teaching staff—our gardeners, attendants, cleaners, and other support members—whose commitment ensures that the campus remains a safe, clean, and nurturing environment for all.

On the academic front, **Criticism of Teaching Practice and Internship Supervision** sessions provided student-teachers with valuable opportunities for reflection, feedback, and professional growth. These

experiences bridged theory with practice and prepared our students to step confidently into real-world classrooms. Similarly, the **Psychology Practical Activities** encouraged analytical thinking and hands-on learning through standardized psychological testing—fostering both academic rigor and curiosity. The semester culminated in the **Certificate Distribution Ceremony**, where **Dr. Rubina Shahnaz** felicitated B.Ed. II-year students for their exceptional academic performances. This proud moment celebrated perseverance, discipline, and dedication—values deeply embedded in ABIE's culture. Students such as **Afreen Khan, Aisha Saleem, and Saira Taj** were recognized for their excellence, standing as shining examples of how commitment and mentorship pave the way to success.

Dr. Rubina Shahnaz (Principal, ABIE) and **Dr. Tabassum Qamar** jointly authored a research paper titled **“Enhancing Mathematics Learning through Gamification,”** The paper explores innovative pedagogical strategies that integrate elements of gamification into mathematics education to enhance student engagement, conceptual understanding, and motivation. By examining game-based learning tools and their application in classroom contexts, the study underscores the transformative potential of



technology in making abstract mathematical concepts more interactive and enjoyable for learners. In the same journal issue, **Mrs. Shagufta** and **Dr. Afshan Anees** co-authored an insightful paper titled **“Social Media Impact on Level of Concentration of Secondary School Students.”** Their research delves into one of the most pertinent issues in contemporary education, the influence of digital media consumption on learners' cognitive focus and academic performance. **Dr. Shazia Amani** published a research paper entitled **“Blended Learning in the Pedagogical Components of the B.Ed. Curriculum: A Study.”** The study examines the integration of blended learning models within teacher education, focusing on how digital and face-to-face pedagogical approaches can be harmonized to enhance instructional effectiveness. The paper emphasizes the relevance of digital pedagogy in the post-NEP 2020 landscape, aligning with national efforts to modernize teacher education and promote technology-enabled learning environments.

As we turn the page to a new academic year, ABIE remains committed to empowering educators who inspire change and uphold the noble spirit of teaching.

Dr. Shazia Amani
Editor-in-Chief, ABIE Times

Vision

The vision of the institute is to become an outstanding centre of learning, serving the needs of India and addressing the challenges in society.

Mission

- To be a centre of excellence through its academic research and quality education.
- To develop the all round personality of students so that they could meet the challenges ahead with right types of skills and attitudes woven with social values and ethical standards.

Campus Buzz

Farewell Ceremony – “Every Ending Marks a New Chapter”

The **Al-Barkaat Institute of Education (ABIE)** bid a heartfelt and memorable farewell to the **outgoing B.Ed. batch of 2023–2025**, marking the end of a wonderful academic journey and the beginning of new adventures in the world of teaching. The farewell ceremony, organized with enthusiasm and affection by the **junior batch (Session 2024–26)**, was a vibrant blend of emotions, entertainment, and gratitude, reflecting the strong sense of community and camaraderie that defines ABIE. The program commenced with a **soulful Qirat recitation** by **Miss. Nida Khan**, invoking a spiritual ambience and setting a reflective tone for the evening. This was followed by a **warm and welcoming address** by

Miss. Sabrina Fatima, whose heartfelt words captured the emotions of the moment—of farewells, memories, and shared dreams. The event was skillfully anchored by **Miss. Zainab Fatima** and **Miss. Samreen Suhail**, who kept the audience engaged with their infectious energy and eloquence throughout the evening.

A **melodious group song** presented by the juniors added an emotional touch, expressing admiration and affection for their seniors. To celebrate the talents of the outgoing batch, a **talent hunt competition** was organized, where students showcased their creativity, confidence, and sense of humor. This was followed by captivating **solo performances** by **first-year students**, which filled the auditorium with applause and joy. Adding a delightful touch



of comedy, **Miss. Uzma Malik** and **Miss. Farheen Zahid** presented a humorous yet thought-provoking **skit**, which left the audience both entertained and inspired.

The most awaited part of the celebration was the **title distribution ceremony**, a highlight that recognized the unique qualities of each graduating student. **Miss. Amreen Sultana** was crowned **Miss Farewell**, while **Miss. Shruti Upadhyay** received the **Miss Evening** title. The **Star of Talent** honours were shared by **Miss. Khadeeja Saeed** and **Miss. Sabahat Usmani** for their outstanding participation and enthusiasm. Each announcement was met with cheers and heartfelt applause, symbolizing the deep bond shared among

students and faculty. The farewell celebration was not merely a parting event but a **tribute to friendships, shared achievements, and lifelong memories**. It was a moment of reflection—acknowledging the journey of growth, learning, and transformation the students experienced at ABIE. The event concluded with **heartfelt wishes from the faculty** for the success and happiness of the graduating batch, reminding everyone that every goodbye paves the way for a new beginning filled with hope, purpose, and promise.

Workshop on "Communication Skills" – A Gateway to Effective Teaching

The Al-Barkaat Institute of Education has organised one-day workshop on "**Communication Skills**" was held on **9th April 2025**, with the aim of equipping future educators with essential communication tools and techniques vital for success in the teaching profession. The session was led by **Dr. Rubina Shahnaz**, Principal of

ABIE, whose extensive experience and insightful guidance enriched the learning experience. The workshop witnessed active participation from **B.Ed. first and second-year students**, reflecting their eagerness to strengthen their professional competencies.

The central objective of the workshop was to enhance the **communication and presentation skills** of the participants—skills that are foundational not only in classroom instruction but also in broader academic and professional engagements. In the context of teaching, effective communication is not limited to delivering content; it encompasses the ability **to engage students, foster understanding, provide constructive feedback, and build an inclusive classroom environment**. **Dr. Rubina Shahnaz** emphasized the multi-dimensional nature of communication, covering both **verbal and non-verbal aspects**. Through a series of structured modules, she introduced practical strategies to improve **clarity of speech, tone modulation, appropriate body language, and active listening** - all of which are critical to a teacher's effectiveness. Furthermore, she discussed the psychological barriers to communication, such as **public speaking anxiety**, and provided actionable techniques to overcome them. The workshop was highly interactive, incorporating **real-time demonstrations, group discussions, and practice activities**. This participatory approach not only made the session engaging but also helped students internalize key concepts through experiential learning. Importantly, the session highlighted that **good communication is at the heart of good teaching**. It allows teachers to convey knowledge clearly, build rapport with students, and create an environment conducive to inquiry and collaboration. The workshop concluded with a renewed understanding among participants of the pivotal role that communication plays in shaping effective educators.



One-Day Workshop on Communication Skills – A Gateway to Effective Teaching



9th April 2025



ICT Lab, 10am to 12pm

Organised by

Al-Barkaat Institute of Education

Session expert:

Dr. Rubina Shahnaz, Principal, ABIE

Observation of International Labour Day

Al-Barkaat Institute of Education (ABIE) observed **International Labour Day** on **Thursday, 1st May 2025**, joining the global community in recognizing the invaluable contributions of workers across various sectors. Commonly known as May Day, the occasion serves as a tribute to the dignity of labour and a reaffirmation of the institute's commitment to promoting respect, equity, and inclusivity within the campus community. The theme for International Labour Day 2025, *“Safety, Health, and Technology in the Workplace –*

The Role of AI and Digitalization,” emphasized the evolving nature of work in the era of automation and digital transformation. It highlighted the importance of ensuring workers' safety, well-being, and adaptation to new technological advancements, aligning with broader national and international labor goals.

At ABIE, the day was celebrated with heartfelt appreciation and participation of all members of the campus workforce, including gardeners, sweepers, peons, cleaners, attendants, drivers, gatekeepers, and conductors. The event aimed to honor their dedicated service and acknowledge their integral role in maintaining the smooth functioning and cleanliness of the institution. The faculty members, students, and administrative staff joined in expressing gratitude toward the non-teaching and support staff, reinforcing the values of empathy, unity, and mutual respect. Small tokens of appreciation and refreshments were distributed as gestures of recognition and goodwill.



Student Buzz

Criticism of Teaching Practice

The Al-Barkaat Institute of Education (ABIE) conducted the **Criticism of Teaching Practice** for **B.Ed. second-year students** from **May 19 to 24, 2025**, marking an important phase in their professional preparation. The criticism sessions aimed to evaluate the teaching competencies of student-teachers and to provide them with structured, constructive feedback from peers and supervisors. Each session created opportunities for trainees to reflect deeply on their lesson planning, classroom management, communication skills, and overall teaching performance. The primary focus of the exercise was to encourage **self-assessment, reflective thinking, and continuous professional growth**. Students engaged actively in observing and analysing one another's teaching, fostering a culture of collaboration and mutual learning. Faculty members guided the process with evidence-based feedback, ensuring that criticism remained positive, supportive, and goal-oriented. The outcomes of the exercise were significant as the student-teachers gained confidence, developed resilience, and enhanced their ability to adapt and improve through reflection and discussion. The experience reinforced ABIE's belief that **constructive criticism** transforms the classroom into a space for professional growth, preparing future educators to become insightful, empathetic, and adaptive teachers ready to meet the challenges of modern education.

Psychology Practical Activity: Exploring Creative Thinking

The Department of Education at Al-Barkaat Institute of Education organized an engaging **Psychology Practical Session** for **B.Ed. I-year students**, focusing on the application and scoring of standardized psychological tests used in educational settings.

The **Bhatia Battery of Intelligence Test** and the **Teaching Aptitude Test Battery** by **Singh & Sharma** were administered and scored. These tests provided the students with hands-on experience in assessing intelligence and teaching aptitude—two critical areas in educational psychology that contribute to understanding learner diversity and professional suitability in teaching.

The practical session, conducted on **8-9th April 2025**, was organized under the expert supervision of **Dr. Tabassum Qamar, Psychology Lab In-charge, ABIE**. Under her guidance, students actively participated in scoring, interpretation, and result analysis, developing essential skills in psychological testing, data recording, and interpretation of results.

Teaching Practice and Internship Supervision for B.Ed. Students

The Al-Barkaat Institute of Education successfully conducted a series of academic and practical activities designed to enhance students' professional readiness and pedagogical competence. The **Teaching Practice for B.Ed. IV Semester students** (*Batch 2023–25*). with

Internship Supervision Plan was organized from April 7 – 30, 2025 as part of the mandated teacher training

curriculum. During this period, student-teachers applied theoretical knowledge to real classroom settings, planned and delivered lessons, and engaged in reflective teaching practices to improve their instructional skills. The internship was carried out in **various sections of Al-Barkaat Public School**, where each student was mentored by a designated faculty member. The mentors closely monitored teaching performance, guided lesson planning, and provided valuable feedback, ensuring a holistic learning experience that bridges theory and practice in teacher education.



Mock Examinations in ABIE

The **Mock Examinations for B.Ed. II and IV Semester students** was held in two schedules from 5th-8th May and 28th-31st, May 2025 under the supervision of faculty members. This internal assessment aimed to prepare students for their upcoming university examinations by familiarizing them with exam patterns, improving time management, and helping them evaluate their conceptual understanding. Faculty provided constructive feedback to guide students toward academic excellence.

Celebrating Outstanding Academic Performance of the Students

In recognition of its commitment to excellence, ABIE proudly announces a **100% result with excellent performance** in the recent examinations, reflecting the dedication of its faculty and students alike. The outstanding achievements of students such as **Afreen Khan (94.75%), Aisha Saleem (91.75%), Saira Taj (91.25%), Sadia Tariq (90.75%), Yusra Khanam (90.25%), and Mahek Fatima (90.00%)** stand as a

testament to the institute's academic rigor and personalized mentoring approach. Furthermore, the institute ensures **100% placement** in reputed schools, empowering its graduates to embark on successful teaching careers. With its focus on quality teacher preparation and holistic personality development, **Al-Barkaat Institute of Education** continues to shape educators who are not only competent in pedagogy but also committed to nation-building through education. Dr. Rubina Shahnaz, Principal, has given certificates of appreciation to the winner in exam and talented students of the B.Ed. II year.

Certificate Distribution Programme

Dr. Rubina Shahnaz, Principal of Al-Barkaat Institute of Education, proudly felicitated the B.Ed. II-year students with **Certificates of Appreciation** in recognition of their outstanding academic achievements and exceptional talents. The ceremony served as a celebration of hard work, perseverance, and excellence, honouring those who excelled in their examinations as well as those who showcased remarkable skills in various academic and co-curricular domains. Dr. Rubina, in her address, commended the students for their dedication and consistent efforts, emphasizing that such acknowledgments not only motivate individuals to strive for greater accomplishments but also inspire their peers to pursue excellence. She highlighted the importance of nurturing both intellectual growth and creative potential, key attributes of future educators. The event reflected the institute's commitment to recognizing merit and fostering a culture of encouragement and achievement among its students. The felicitation concluded with heartfelt applause, marking a proud moment for the

AL-BARKAAT INSTITUTE OF EDUCATION
Approved by NCTE, New Delhi & Affiliated to Raja Mahendra Pratap Singh University, Aligarh, NAAC Accredited Minority Institution

Admissions Open
B.Ed.
Session 2025-27
For those who appeared in other institutes given Entrance Examinations (UPPSC) B.Ed. 2025 conducted by Bundelkhand University, Jhansi

100%
Result with Excellent Performance

Congratulations

AFREEN KHAN 94.75%	AISHA SALEEM 91.75%	SAIRA TAJ 91.25%
SADIA TARIQ 90.75%	YUSRA KHANAM 90.25%	MAHEK FATIMA 90.00%

Student Features

- Lectures on Teaching Subject
- Guest Lectures by Eminent Scholars
- Wide Academic Exposure
- Personal Development Program
- Fully Equipped Psychology Lab, IT Lab & Science Lab
- Workshops & National Conferences
- Hostel Facility for Boys/Girls

100% Placement in Reputed Schools

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awardees and reinforcing the value of hard work, discipline, and continuous learning in the journey of becoming successful teachers.

Faculty Buzz

Faculty Contributions in Research Paper Publications

Dr. Rubina Shahnaz (Principal, ABIE) and **Dr. Tabassum Qamar** have jointly published paper on “*Enhancing Mathematics Learning through Gamification*” and **Mrs. Shagufta** and **Dr. Afshan Anees** have also jointly published paper on the topic “*Social Media Impact on Level of Concentration of Secondary School Students*” in the same International Journal for Research in Applied Science & Engineering Technology, ISSN: 2321-9653, Impact Factor: 7.538, Volume 13 Issue 6, June 2025.

Dr. Shazia Amani, Assistant Professor, contributed a research paper titled “*Blended Learning in the Pedagogical Components of the B.Ed. Curriculum: A Study*” published in the International Journal of Emerging Technologies and Innovative Research, ISSN: 2349-5162, Impact Factor: 7.95, Volume 12, Issue 6, June 2025.

Upcoming Events

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|--------------------------------|----------------------------------|
| • Plantation Drive | 09 th July, 2025 |
| • Tiranga Yatra | 14 th August, 2025 |
| • Independence Day Celebration | 15 th August, 2025 |
| • National Sports Day | 29 th August, 2025 |
| • Orientation Week | 01 st September, 2025 |
| • Teacher's Day Celebration | 05 th September, 2025 |
| • Guest Lecture | 25 th September, 2025 |
| • World Heart Day Celebration | 29 th September, 2025 |